



Bhutan | READING AND TRAVEL GUIDE

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ESSENTIAL Reading

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The Raven Crown • Michael Aris

HISTORY • 2005 • HARD COVER • 160 PAGES

The definitive account of the modern history of Bhutan as seen through the 20th-century Wangchuk dynasty, which has ruled the kingdom since 1907. Based on Bhutanese chronicles, this gorgeously produced, informative book features 106 rare historic photographs from archives in Bhutan and the United Kingdom. Originally published in 1994. The late Michael Aris lived in Bhutan from 1967 to 197 as a historian and tutor of the children of the royal family. (BHU02, \$60.00)



So Close to Heaven, The Vanishing Buddhist Kingdoms of the Himalayas • Barbara Crossette

TRAVEL NARRATIVE • 1996 • PAPER • 297 PAGES • **FAVORITE**

A "New York Times" Asia correspondent writes of Bhutan and neighboring kingdoms of Ladakh and Sikkim in the Himalayas, strongholds of Tantric Buddhism in an increasingly homogenized world. It's part travelogue and part history -- a personal portrait of the region. (NPL04, \$16.95)



What Makes You Not a Buddhist • Dzongsar Jamyang Khyentse

RELIGION • 2007 • PAPER • 128 PAGES

With humor, authority, warmth and wit, this slim book shows the western world from a Buddhist perspective. Born in Bhutan in 1961, a Tibetan lama and filmmaker (Travellers and Magicians), Dzongsar Jamyang Khyentse gives a decidedly modern take on dharma, happiness, suffering and enlightenment. (TBT96, \$15.95)



Lonely Planet Bhutan • Lonely Planet

GUIDEBOOK • 2014 • PAPER • 304 PAGES

A compact travel guide to Bhutan with a good overview of culture, history and nature, sketch maps, a section of color photographs and plenty of practical detail on sightseeing and treks. (BHU11, \$29.99)



Bhutan & Northern India Map • ITMB

2012 • MAP

A double-sided traveler's map of Bhutan at an excellent scale of 1:345,000. With insets of Paro and Thimphu, trekking routes, key monasteries and visitor attractions, an index and notes. One Side. 25x38 inches. (BHU06, \$12.95)



Also Recommended

India Northeast Adventure Map • National Geographic Society • The front side of the map covers the far northeastern corner of India, from its border with China and Bhutan to the north; Myanmar (Burma) to

the east; and Bangladesh to the south at a scale of 1:1,400,000. (IDA668, \$11.95)

Bhutan, A Trekker's Guide • [Bart Jordans](#) • GUIDEBOOK • A compact, practical guide to 27 treks and walks throughout the mountain kingdom with color photographs and detailed sketch maps throughout. (BHU23, \$24.95)

Bradt Bhutan • [Erin Levi](#) • GUIDEBOOK • **COMING IN NOVEMBER** • A compact guide to Bhutan, its history, wildlife, culture and attractions. With maps, town plans and lots of practical travel information. (BHU44, \$27.99)

Odyssey Guide Bhutan • [Francoise Pommaret](#) • GUIDEBOOK • An authoritative overview of the kingdom, enhanced by color photographs, well-chosen literary excerpts and many maps, this guide by Bhutan expert and ethnographer Pommaret is exceptionally good. With a general introduction to the history, geography, economy, flora and fauna, festivals and the arts. (BHU03, \$23.95)

Fortress Monasteries of the Himalayas • [Peter Harrison](#) • RELIGION • This slim book recreates the dramatic and colorful fortifications of Tibet, Ladakh, Nepal and Bhutan, recounting their history through foreign incursions, religious conflicts and civil wars to the Tibetan uprising and flight of the Dalai Lama from Potala Palace in 1959. (HML117, \$18.95)

Himalaya, Personal Stories of Grandeur, Challenge, and Hope on the Roof of the World • [Broughton Coburn](#) • [Richard C. Blum](#) • [Erica Stone](#) • CULTURAL PORTRAIT • A beautifully photographed overview of the geology, history and people of the Himalayas. (HML78, \$35.00)

Material World • [Paul Kennedy](#) • [Charles C. Mann](#) • [Peter Menzel](#) • CULTURAL PORTRAIT • An inspired idea, this book documents 30 families around the world with all their possessions artfully arrayed around them. It includes a particularly good chapter on a Bhutanese family. (GEN02, \$29.95)

The Blessings of Bhutan • [Russ and Blyth Carpenter](#) • CULTURAL PORTRAIT • **HARD TO FIND ELSEWHERE** • Head-over-heels in love with Bhutan, the Carpenters introduce their adopted home, its people, customs, religion and history. (BHU16, \$26.99)

The History of Bhutan • [Karma Phuntsho](#) • HISTORY • This is the first book to offer a comprehensive history of Bhutan, a very young nation and the happiest country in Asia. (BHU43, \$50.00)

From the Land of the Thunder Dragon • [Susan S. Bean](#) • [Diana K. Myers](#) • ART & ARCHITECTURE • This magnificent survey, featuring 130 color photographs, illuminates with authority the huge cultural significance of weaving in Bhutan. With contributions by Michael Aris, Francoise Pommaret, Susan Bean and principal author Diana Myers, it's the definitive book on the subject, published in conjunction with an exhibition at the Peabody Essex Museum. (BHU01, \$50.00)

Beyond the Sky and the Earth • [Jamie Zeppa](#) • TRAVEL NARRATIVE • Zeppa's memoir of her time as a teacher in a remote Bhutanese village shows her growing love and commitment to the people and culture. (BHU08, \$16.00)

Married to Bhutan • [Linda Leaming](#) • BIOGRAPHY/MEMOIR • Enraptured by the customs, land and people of Bhutan, where she has lived and worked for ten years, Leaming writes with humor and candor about her often-bumpy cultural immersion, her romance with a Buddhist artist and her unexpected path to happiness. (BHU36, \$14.95)

Radio Shangri-La • [Lisa Napoli](#) • TRAVEL NARRATIVE • Napoli writes with easy grace in this memoir of her time working on a fledgling Bhutanese radio station. With frankness and clarity she discusses the contradictions, poverty and reality of much mythologized Bhutan as it lurches into democracy and the modern world. (BHU35, \$15.00)

A Naturalist's Guide to the Birds of India, Including Pakistan, Nepal and Bhutan • [Bikram Grewal](#)

• FIELD GUIDE • A handy field guide to 280 bird species common to the Indian subcontinent. In beautiful John Beaufoy style, the guide's colorful and high-quality photographs are accompanied by detailed species descriptions, size distribution, preferred habitats and nomenclature. (IDA731, \$17.95)

Birds of India • [Richard Grimmett](#) • [Carol Inskipp](#) • [Tim Inskipp](#) • FIELD GUIDE • Thoroughly revised, with 73 new plates and many others updated or repainted, the second edition of the masterful Birds of India now features all maps and text opposite the plates for quicker and easier reference. (FG43, \$39.50)

Travellers and Magicians • [Khyentse Norbu](#) • FILM • The first feature shot on location in Bhutan, this film, directed by a respected lama, follows a young official on his odyssey across the country. Along the way he is joined by a mischievous monk, an elderly peddler and an old man with his daughter. (BHU22, \$29.99)

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