



Burma | READING AND TRAVEL GUIDE

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ESSENTIAL Reading

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The River of Lost Footsteps, Histories of Burma • Thant Myint-U

HISTORY • 2007 • PAPER

The author, a UN official and grandson of Secretary General U Thant, connects the ancient empire and British colonialism to the current political and social situation in his native land. He uses his own family history to illustrate and personalize the account. (BMA51, \$16.00)



Letters from Burma • Aung San Suu Kyi • Heinn Htet

HISTORY • 2010 • PAPER • 244 PAGES

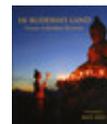
A collection of candid and affectionate letters on Burmese culture, daily life and politics written by the country's iconic Nobel Prize-winning human-rights leader who was held under house arrest by the military junta for many years. (BMA49, \$16.00)



In Buddha's Land • Moe Min

RELIGION • 2007 • HARD COVER • 208 PAGES

This beautiful, illustrated portrait of monuments, monasteries and rituals is both a striking visual overview of Buddhism as practiced in Burma and a splendid introduction to the country. (BMA52, \$30.00)



Lonely Planet Myanmar (Burma) • Joe Cummings • Michael Clark

GUIDEBOOK • 2014 • PAPER • 424 PAGES

A practical guide to Burma featuring 66 maps, a good overview of culture, history and nature, and good information on excursions, accommodations and sightseeing. It also includes 32 pages of color photographs. (BMA20, \$29.99)



Myanmar (Burma) Map • Nelles

2011 • MAP

A convenient double-sided map of Burma at a scale of 1:1,500,000, with an inset of Rangoon. Two Sides. 20x31 inches. 20x31 inches. (BMA02, \$13.95)



Also Recommended

Historical Walks in Yangon, A Myanmar Heritage Trust Guide Map • Silkworm Books • GUIDEBOOK • This innovative map lays out three walking tours through Yangon that guide visitors to landmarks, gardens and architectural points of interest. (BMA66, \$15.00)

Myanmar & the Greater Mekong Map Guide • Odyssey Maps • This map-guide shows both the Greater Mekong, including Yunnan, Burma, Laos, Cambodia and Thailand, with a more detailed map of Myanmar on the reverse. (BMA76, \$14.95)

Ancient Pagan • Donald Stadtner • Michael Freeman • GUIDEBOOK • An authoritative guide to the art and culture of the ancient Buddhist city on the Irrawaddy, organized by temple group and featuring 250 color

photographs, site plans and maps. (BMA43, \$25.00)

DK Eyewitness Travel Guide Myanmar (Burma) • [Inc. Dorling Kindersley](#) • GUIDEBOOK • **COMING IN SEPTEMBER** • A compact illustrated travel guide featuring bright color photography, dozens of excellent maps, background on history and culture and a region-by-region synopsis of Myanmar's attractions. (BMA86, \$25.00)

Insight Guide Burma • [Insight Guides](#) • GUIDEBOOK • An illustrated overview of Burma with essays on history, archaeology and culture. (BMA04, \$24.99)

Lonely Planet Burmese Phrasebook • [Lonely Planet](#) • LANGUAGE & PHRASEBOOKS • A palm-sized dictionary and guide to the Burmese language with common phrases for travelers. (BMA36, \$8.99)

Odyssey Guide Myanmar • [Caroline Courtauld](#) • GUIDEBOOK • Refreshingly direct and engaging, Caroline Courtauld covers Burma's culture, long history and religion with grace in this richly illustrated guide with fine color maps. (BMA16, \$26.95)

Burma, Rivers of Flavor • [Naomi Duguid](#) • FOOD • A culinary adventurer, Duguid presents the food, local markets, people and culture of Burma in this exceedingly informative (not to mention beautiful) cookbook and cultural guide. The 125 recipes are interspersed with tales and photographs from her many travels in the region. (BMA77, \$35.00)

The Food of Myanmar, Authentic Recipes from the Land of the Golden Pagodas • [Claudia Saw Lwin Robert](#) • FOOD • Over 60 delicious and healthy Burmese dishes are presented here -- classic Myanmar cuisine. (BMA85, \$14.95)

A History of Myanmar Since Ancient Times, Traditions and Transformations • [Michael A. Aung-Thwin](#) • HISTORY • Aung-Thwin takes us from the sacred stupas of the Bagan plains to the grand colonial-era British mansions in this tale of Burma's storied 3,000-year history and rich culture. (BMA72, \$29.00)

Burma/Myanmar, What Everyone Needs to Know • [David I. Steinberg](#) • CULTURAL PORTRAIT • A professor of Asian studies at Georgetown, Steinberg places the current political situation in Burma in the context of the history and culture of the nation. Second edition. (BMA60, \$16.95)

Freedom from Fear and Other Writings • [Aung San Suu Kyi](#) • [Michael Aris](#) • CULTURAL PORTRAIT • This collection of speeches, letters and interviews by and about Burma's Nobel Prize-winning human rights leader, edited by her late husband and with forewords by Vaclav Havel and Desmond Tutu, provides essential background to her role in Burmese politics and the situation of the country today. (BMA08, \$17.00)

Passage to Burma • [Scott Stulberg](#) • CULTURAL PORTRAIT • Stulberg presents the teak and bamboo forests, temples and especially the people of Burma in hundreds of full-page color photographs in this illustrated journey. (BMA80, \$45.00)

Where China Meets India • [Thant Myint-U](#) • HISTORY • Home to 60 million people and bigger than France, Burma -- as Myint-U so effectively argues -- is hardly small or politically isolated: it is the center of Asia. (BMA70, \$18.00)

A Daughter's Memoir of Burma • [Wendy Law-Yone](#) • BIOGRAPHY/MEMOIR • Wendy Law-Yone, daughter of exiled newspaper proprietor Ed Law-Yone recreates her father's struggles to create a democratic government in Burma in the 1960s, providing insight into Burmese life and the politics that became a family affair. (BMA84, \$30.00)

Finding George Orwell in Burma • [Emma Larkin](#) • TRAVEL NARRATIVE • An American journalist fluent in Burmese,

Emma Larkin (a pseudonym) masterfully interweaves her travels in the footsteps of the British colonial officer and writer with interviews and an astute, moving history of modern Burma. (BMA40, \$16.00)

From the Land of Green Ghosts, a Burmese Odyssey • [Pascal Khoo Thwe](#) • BIOGRAPHY/MEMOIR • The young Burmese author, a member of a remote hill-tribe in the Shan hills, captures the traditions and challenges of the Padaung people in this astonishing memoir. (BMA29, \$13.99)

The Burma Chronicles • [Guy Delisle](#) • BIOGRAPHY/MEMOIR • Posted to Burma with his Doctors Without Borders wife and young son, Delisle captures the absurdities, challenges and routines of everyday life in Burma in bold black-and-white panels in this droll graphic travelogue, his third. (BMA58, \$16.95)

The Lady and the Peacock, The Life of Aung San Suu Kyi • [Peter Popham](#) • BIOGRAPHY/MEMOIR • Peter Popham's timely biography follows the arc of Suu Kyi's life from her childhood in Rangoon, formative years in India and Oxford, marriage to Michael Aris and her return to Burma, where she has become a potent symbol for the Burmese people. The British journalist doesn't dodge from Suu Kyi's moral decision to remain in Burma, even as her husband was dying in 1999, and her children Alexander and Kim remained behind in Britain. (BMA79, \$16.95)

Burmese Days • [George Orwell](#) • LITERATURE • Orwell, a veteran of the colonial police force in Rangoon, writes with irony and insight in this sharp novel of politics, folly and the British. (BMA03, \$14.00)

The Glass Palace • [Amitav Ghosh](#) • LITERATURE • In this panoramic novel full of tales and anecdote, Ghosh follows the lives and fortunes of Rajkumar and his family over three eventful generations in Burma, India and Malaysia. (IDA173, \$16.00)

The Piano Tuner • [Daniel Mason](#) • LITERATURE • In this transporting first novel, a mild-mannered tradesman is seduced by late Victorian Burma. Mason's complex, absorbing tale dives into the world of 19th-century colonial Burma, its traditions, trappings, personalities and politics. (BMA31, \$14.95)

Birds of Myanmar • [Kyaw Nyunt Lwin](#) • [Khin Ma Ma Thwin](#) • [Aung Thant](#) • FIELD GUIDE • A slim field guide to 350 birds of Burma, featuring 74 full-color plates, descriptive information and a comprehensive checklist. (BMA42, \$37.95)

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